

# GO TOUCH DOWN

— TRAVEL & TOURS —

## Cape Town and West Coast Experience

7 Nights / 8 Days

Capetonians are justly proud of South Africa's oldest city, known affectionately as the **Mother City**.

With a dedicated, friendly and knowledgeable driver and guide, you will be able to explore the rich diversity of Cape Town, as well as the world-famous Cape Winelands and the unique West Coast over 8 days through excursions that have been created for you. Pick any week of the year to visit! Among the many items included in this tour are 15 meals including gratuities. This tour commences every Wednesday throughout the year.

The Adventure Experience Series is just that – adventure, exactly as it should be experienced. Decades in the making, this experience will delight your senses and excite your soul with the destination's vibrance, its flavour, its people, its culture and history, as well as its unique flora and fauna. When you think of adventure, this experience is what you will remember for a lifetime.

### Fast Facts

**8 Days / 7 Nights**

**Group Size:** Guided (Max 6 Pax) featuring Belle Maroc, The Shark Bay, Stillness Manor.

Tour departs **every Wednesday** throughout the year.

**Reference Number:** SSB123

### Tour Includes

- ✓ **7 nights** accommodation
- ✓ **22 excursions**, includes Seal island, Table Mountain and several highlights
- ✓ **15 meals** and the gratuities
- ✓ **Restaurants** listed may be changed to similar or better venues due to availability
- ✓ **Non-specialty coffee & tea** is complimentary but only at accommodation and at included meals
- ✓ **Bottled water** provided daily in your room
- ✓ **Standard transfers** from and to airports, accommodations and activities as outlined in detailed itinerary
- ✓ **Transport** in an air-conditioned luxury vehicle and bottled water provided daily in your vehicle
- ✓ **Dedicated, friendly** and knowledgeable driver and local guide

### PRICE:

**Special Rate** to be discussed

**SAVE NOW – TRAVEL LATER**, travel anytime within the next 24 months at these rates.

☎ +1-877-480-6881

✉ info@gotouchdown.com

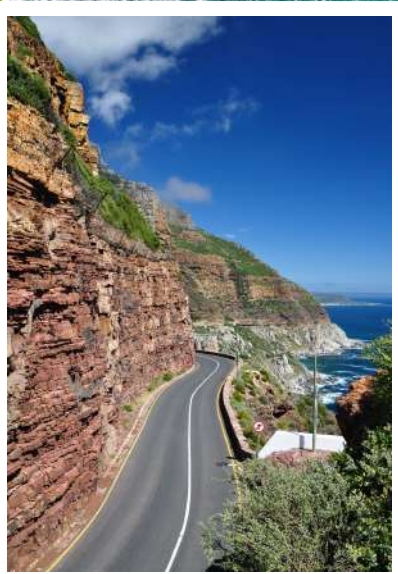
🌐 <http://www.gotouchdown.com>





# Destinations

The **Western Cape**, arguably the most scenic and varied of South Africa's nine provinces, serves as a major drawcard for visitors to South Africa. Located in the southwest corner of the country, the province is blessed with stunning coastlines, breathtaking mountains, indigenous forests, historic wine estates and scorched stretches of strikingly beautiful semi-desert. Visitors can enjoy everything from the magnificent city of Cape Town with its iconic Table Mountain and gorgeous surrounding Winelands, to the exhilarating outdoor activities and spectacular natural scenery of the Garden Route, as well as the fynbos-covered sand dunes, sun-bleached beaches and remote fishing villages of the lesser-explored West Coast region. The Western Cape has just about everything that the rest of the country can offer, all rolled into one easy explorable destination.





Over the centuries, French, Dutch, English, Malay and African influences have moulded a city replete with natural beauty, an eclectic culinary smorgasbord, and a rich history.

This is **Cape Town, the Mother City**, the oldest city in South Africa. And it's where modern South Africa began. The seat of the South African parliament is here making Cape town the legislative capital of South Africa.

The most prominent and iconic feature of Cape Town is Table Mountain. One of the New Seven Wonders of the world, and part of the Cape Floral Kingdom World Heritage Site, Table Mountain is one of the most popular visitor destinations in Cape Town. From the top, you can see the whole of the city laid out before you, as well the Pacific Ocean lapping at the foot of the African continent, and further along the coast is the Atlantic Ocean.

The mix of ethnic influences have, over the years, created a city with a unique, creative and cosmopolitan flavour unlike any other city in South Africa. All of which can be experienced in the museums, art galleries, spectacular seafood, the Victoria and Albert Waterfront, the Two Oceans Aquarium, the historic and important Robben Island. Wildlife such as great white sharks, penguins, seals, and iconic African wildlife in the nearby national parks.

Cape Town also has one of the most colourful and photographed suburbs in all of South Africa – the Bo-Kaap. The narrow cobble streets and brightly painted homes on the slopes of Signal Hill form what was historically called the Malay Quarter. It was where free slaves and Muslims settled in Cape Town and the only place where they were allowed to freely practice their religion.

Combined with architecture that is both historically important and beautiful, vibrant nightlife, world-class beaches and the weather to go with them, as well as the city's proximity to internationally renowned vineyards, and cheese farms makes Cape Town the city with it all, and more.





The **West Coast** of South Africa is almost startlingly different to the rest of the country and for that reason is well worth exploring. With a number of National Parks, and game reserves, the West Coast is able to match any wildlife enthusiast's need for spending time among the fabulous wild creatures for which South Africa is famous.

The West Coast National Park lies inland from Saldanha Bay and the crashing waves of the Atlantic Ocean. It has 3 distinct sections, each with its own unique delights. With the azure blue Langebaan Lagoon, the white dunes, unspoilt golden beaches, sheltered islands, rare fynbos, green wetlands, and salt marshes, this National Park has its own unique flavour. In fact, no other South African National Park has one quite like it. Delve back into the past at the Khwa Ttu San Heritage Centre, the West Coast Fossil Park and with the guided Lighthouse Tour at Cape Columbine Nature Reserve.

In fact, Foodies are spoilt for choice on the West Coast. Take Paternoster, for example. Famous South African chefs have their home here, and it's not surprising when you consider that this small town has excellent restaurants, some right on the beach, serving sublimely fresh and tasty seafood. Lobster, herring, mussels, snoek, oysters, and pilchards either caught in the cold Atlantic or farmed in the nearby Langebaan Lagoon. The lobster is so delicious that it is exported to France. A well-known delicacy is bokkoms – whole, salted, and dried mullet. Sometimes the fish is smoked, and Paternoster is the best place to try this 'fish biltong'. Then there's the craft beer on tap from the carbon neutral, family friendly, Darling Brew, famous for their 'slow beer' which is not only the name of the slow fermentation process but also their first beer, and their philosophy.

Die Swartland area of the West Coast is a beautiful farming area. It has soft, undulating hills of a countryside dominated by wide, sprawling, fields of wheat, encased by mountain ranges. With the ripe yellow wheat fields are intercut by thriving vineyards, fruit-heavy orchards, olive plantations, and rooibos and vegetable farms interspersed with wilderness and quaint farm villages, it is a wonderful counterpoint to the rugged, windswept, almost barren beauty of the coast.





# Daily Information

## Cape Town and West Coast Experience

Upon arriving at Cape Town International Airport, this adventure begins by heading north along South Africa's iconic West Coast.

### DAY 1 The West Coast

Transfer from Airport  
Dinner

#### ACCOMMODATION

The Shark Bay

### DAY 2 The West Coast

Breakfast  
Morning Cruise  
West Coast Fossil Park  
*Lunch - for your account*  
Explore Paternoster  
Explore Bokkomlaan in Velddrif  
Dinner

#### ACCOMMODATION

The Shark Bay

### DAY 3 Cape Town

Breakfast  
West Coast National Park  
!Khwa ttu San Guided Tour -  
The Way of the San (Spirit,  
Hunting & Gathering)  
*Lunch - for your account*  
Atlantic Seaboard  
Dinner

#### ACCOMMODATION

Stillness Manor

### DAY 4 Cape Town

Breakfast  
Victoria & Alfred Waterfront  
Classic Hop On-Hop Off Tour  
Table Mountain  
Victoria & Alfred Waterfront  
*Lunch - for your account*  
Cape Town Diamond Museum  
Interactive Dinner Theatre at  
Gold

#### ACCOMMODATION

Stillness Manor

### DAY 5 Bloubergstrand

Breakfast  
Boulders Penguin Colony, Cape  
of Good Hope Nature Reserve,  
Cape Point Nature Reserve,  
Chapman's Peak  
*Lunch - for your account*  
Charter Cruise from Hout Bay to  
Duiker Island Seal Colony  
Hout Bay Harbour Market  
Dinner

#### ACCOMMODATION

Belle Maroc Blouberg

### DAY 6 Bloubergstrand

Breakfast  
Cape Town Township Tour and  
hosted for lunch in resident's  
home  
Dinner

#### ACCOMMODATION

Belle Maroc Blouberg

### DAY 7 Bloubergstrand

Breakfast  
Neethlingshof Wine Tasting  
Fairview Cheese and Wine Tasting  
*Lunch - for your account*  
Explore Franschhoek  
Dinner

#### ACCOMMODATION

Belle Maroc Blouberg

### DAY 8 End of Itinerary

Breakfast  
Transfer to the Airport

There, check-in for your flight home  
or onward to another adventure on  
your vacation.





# Accommodation

The new **Belle Maroc Boutique Hotel in Blouberg** is the quintessential experience for lovers of small luxury hotels. Simply meaning 'Beautiful Morocco', and standing against the magnificent backdrop of Blouberg, the Belle Maroc's seductive harmony of design and indulgent elegance, transport you to a place of sophistication and exclusivity. During your stay, the subtle, yet enticing colours, textures, and Moroccan ambiance, with the added benefit of free WiFi, makes Belle Maroc a memorable base from which to explore Cape Town.



**The Shark Bay** is a luxurious property which rests between a nature reserve, covered in rainbows of fynbos and the glistening waters of Shark Bay in the famous resort town of **Langebaan**. It serves as an excellent base from which to relax or embark on a scenic outdoor adventure. Located 1h48m from Cape Town International Airport and a mere 2km from Langebaan's main beach.



The showstopper is the spectacular views, private beach which is accessible along a foot path, wide open beaches. An unspoiled nature reserve and lagoon as far as the eye can see.

Enjoy a luxurious stay with your friends and family at The Shark Bay Boutique Accommodation & Spa – and share with them a town that's an hour from Cape Town, and a million miles from the world.

**Stillness Manor & Spa** is a magnificent and very secluded property located above the **Constantia Valley** of Cape Town and the False Bay. With its luxurious suites, the historic Cape Dutch manor house of Stillness Manor & Spa welcomes you amidst the beautiful vineyards and forests of Tokai.

Stillness Manor & Spa with its indoor heated pool provides a full range of exciting treatments and therapies and a sanctuary from reality.

Stillness Manor & Spa is an ideal location from which to explore the Cape Peninsula and the Winelands region and is located only 20 minutes from the Central Business District.





# Information

## Excludes

### Unless otherwise specified

- ✓ All flights, related costs and taxes (international and local)
- ✓ All meals and beverages (bottled water, coffee, tea, soda, specialty beverages and alcohol)
- ✓ Visa and passport fees
- ✓ Porterage and tipping
- ✓ Trip insurance and items of a personal nature
- ✓ Cost of spa treatment



### The West Coast

#### The Shark Bay

2 Nights  
(Days 1 - 3)



### Cape Town

#### Stillness Manor & Spa

2 Nights  
(Days 3 - 5)



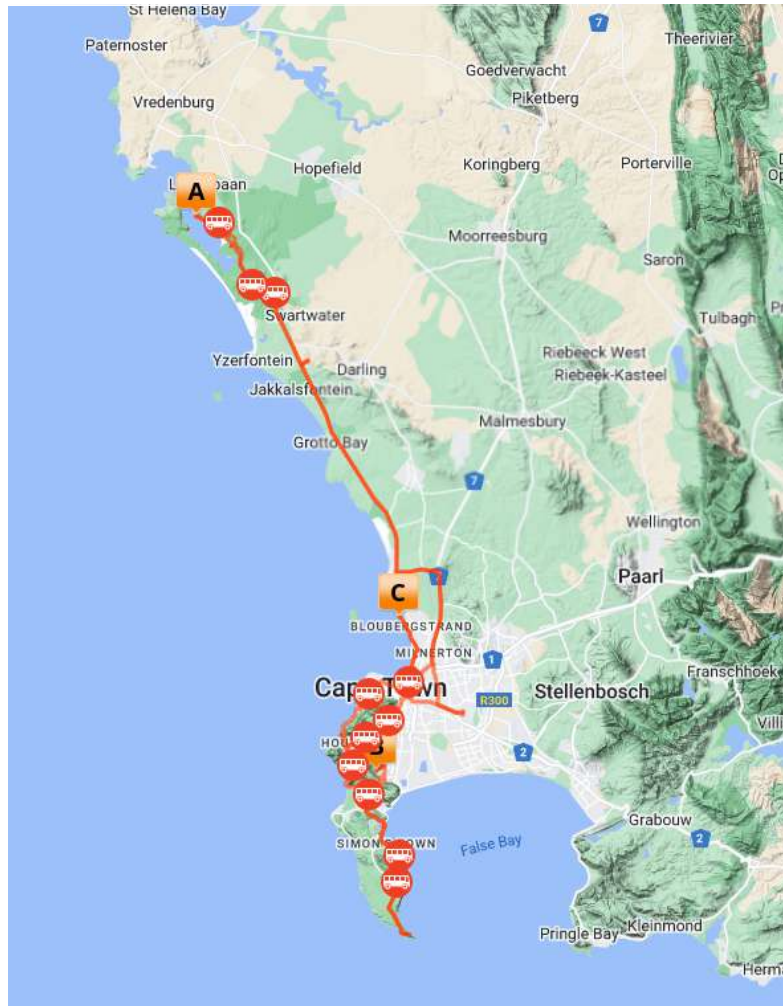
### Western Cape

#### Belle Maroc Blouberg

3 Nights  
(Days 5 - 8)

## Terms and Conditions

- ✓ **CHILDREN:** Adult rate charged for children 12 years and up  
**Ages 4 to 15** – must share with adult  
Pricing for children quoted at time of request
- ✓ **SENIORS:**  
**No age limit;** must be able to walk and step up into vehicle



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TOUR VIDEO

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